



American Haidakhan Samaj Newsletter

July 2002

In Truth, Simplicity, and Love

American Haidakhan Samaj Mission Statement:

The American Haidakhan Samaj is a spiritual service community inspired by Haidakhan Baba. Our mission is to practice, teach, and promote sacred love and divine consciousness.



At the annual meeting of the Haidkahandi Samaj, Shri Shastriji read a speech which Babaji had dictated to him earlier in the day.

The main purpose of the Samaj is service to humanity. Service to humanity is the best service to God. Our motto is "work is worship". It is our duty, as those working within the Samaj, to show the path to those who are in need of help, inspiring them to overcome lethargy which is the cause for inaction in the world, inspiring them to work. Therefore, I first want to root out lethargy in you. In this Yuga, the only way to obtain siddhis, to become really strong, is Karma - action.

Goswani Tulsidas said in the "Ram Charita Manas": "The Lord Himself created the law of karma - as you sow, so you shall reap". Keeping this basic principle in mind, our main duty should be to spread the message of Karma Yoga in the world, we ourselves giving an example to all, by practicing it.

Whenever true progress was made in the world, it was due to the hardworking individuals of a particular Age. Today it is our task to go everywhere, from house to house, spreading righteousness, guiding everyone on the path of karma, giving them practical instructions, being ourselves examples. By karma alone can we become prosperous, we have to work to our last breath.

Babaji, April 20, 1983

American Haidakhan Samaj 2000 - 2003 Board Members

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Aarati and Havan Schedule

- Atlanta, GA - Monthly aarati. Call 404-320-1038 for details.
- Berkeley, CA - Monthly aarati. Call Saradambe at 510-527-3568 for details.
- Delray Beach, FL - Aarati and potluck the last Sunday of the month. Call Sal & Sarena Morello at 561-274-0883 for details.
- Fairfield, IA - Aarati every Sunday at 7:15pm. For details call Melody Dennen at 641-472-9952.
- Fremont, CA - Monthly havan. Call Nirmal & Indira Sharma at 510-656-7520 for details.
- Long Beach (Long Island), NY - Call Rudy Dvorak at 516-889-2660 for details.
- Marina Del Rey, CA - Aarati every Monday night at 7:30pm at 13920 NW Passage #102 Marina Del Rey, CA for more info call: 310-577-9124
- Memphis, TN - Aarati the third Sunday of every month at 6:45pm at the Yoga of the Heart Center located at Madison and Idlewild. Call Elaine Heroux at 901-756-0285 for details.
- Treasure Island, FL - Aarati every two weeks at 7:00 p.m. Address is 279 - 10th Ave., Call for details and directions 727-363-0800.

Babaji on the Web

www.BabajiSamaj.org

The American Haidakhan Samaj Website.

www.BabajiAshram.org

This is the website for Haidakhan Universal Ashram & Maha Lakshmi Shop in Crestone, CO

www.Babaji.net

This site from Malmö, NE. is your link to world-wide Babaji centers, writings, and information.

Statement by the American Haidakhan Samaj

The founding of the American Haidakhan Samaj is inspired by The Haidakhan Baba who taught in Haidakhan, District Naintal, India between 1970 and 1984. His teachings and spiritual practices are represented in song books, recorded oral teachings, satsang and printed publications of the Haidakhan Samaj. Other sources or advice including written, oral, electronic or channeled are not associated with, nor endorsed by, the American Haidakhan Samaj at this time.

President Lok's Message

On July 30th my kids Isaac and Hannah and I will fly from Tacoma to Denver then drive to Crestone for two weeks at the Ashram. The kids will attend the Ashram summer camp, swim, hike, sing Aarati, play with friends, and live in a life style that values God, community, work, and the environment. I look forward to the time for them. Their Ashram experience will live with them for the rest of their lives. They are precious to me. All children are precious to the future.

Ganesh was the precious son of Lord Shiva. When Ganesh lost his head in a family dispute the sense of urgency in protecting his life was so intense that he ended up with the first replacement head available – an elephant's. Isaac was the precious son of Abraham in the bible. Abraham took him into the wilderness to be sacrificed only to be turned away at the last moment by God. In one way or the other our sacred stories remind us that we do, in fact, jeopardize children by our behavior, and, how important in the end children are. We are enriched by serving them.

This year all faith communities have been shaken by the behavior toward children of some adults in the Roman Catholic Church. In the Babaji community it is good for us to remember that we are committed to the safety of children, their well being, and inclusion in the work and life of transformation. Part of the heritage we want to empower is one where we are known by our love of children and our commitment to pass on to them the traditions of truth, simplicity and love. Thank you for being a part of this community.

In Truth, Simplicity and Love, Lok

Lifetime Learning Books

What are you reading? What do you want to share with others?

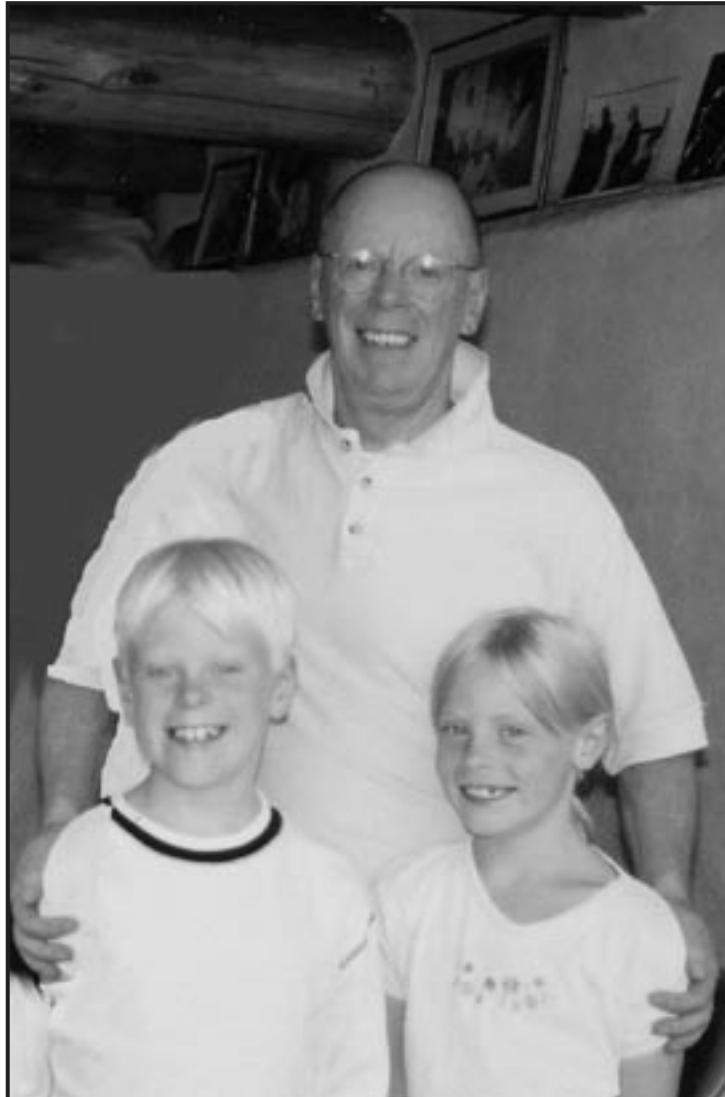
“The Cosmic Serpent” An anthropologist looks at the common world of DNA and shamanistic vision.

“Babaji: Gateway to the Light” by G. Reichel Verlag.

A reread of this incredible book always leaves me grateful for my experiences with Babaji.

“By His Grace” A Devotee’s Story by Dada Mukerjee. Wonderful, inspirational stories of Neem Karoli Baba.

“The Great Swan” Meeting with Ramakrishna by Lex Hixon. More inspiration, stores about another great saint, Ramakrishna.



Lok with children Isaac and Hannah

Travel to India

The U.S. State Department has requested evacuation of U.S. nationals from India and issued a travel advisory. This does not look like a good year to organize a group to travel to India for Navratri. I am going to represent the Samaj at the annual meeting in October at Navratri but cannot be responsible for the comfort of others in these circumstances. I hope to renew my partnership with others for travel again next year.

Summer Events by Lok Nath

Summer already! Are you making summer plans? I hope the Children's week, Sacred Fire Ceremony training, and annual Samaj gathering at HUA in August are high on your list. The Babaji community and practices have much to offer in reconnecting with community, personal and earth healing, and inner peace. There is no better way to nurture our children and ourselves than by bathing in an Ashram experience.



Bhandara after Samaj Meeting 2001

I recently dreamed of coming into a cathedral with a group of people. We gathered around a Dhuni (fire pit) in the shadows of high stonewalls and the light of great windows. I leaned over the edge of the Dhuni and looked in. The center of the pit kept

going down and down. I could not see the bottom. The dream illustrates my appreciation of the fire as a central and deep dimension of spiritual practice for our time. We live such disembodied lives. The fire is a place to sit with something alive and rekindle our inner spiritual fire. We cannot do this without community. I hope to see you in Crestone in August.



Horseback riding during Children's Week

The dates for the above events are Sunday evening, August 4th through Friday, August 9th for the Children's week and the Sacred Fire Ceremony training. This is followed by the Annual Samaj Meeting and gathering on Saturday, August 10th culminating with a fire ceremony and feast on Sunday, August 11th. Please contact the Ashram immediately if you plan to attend, as space is filling up quickly. The phone number is 719-256-4108 and hua@amigo.net is the eMail address.

Update on Ellen Levand

The former president of the Samaj, Ellen Levand, has been diagnosed with cancer. When we spoke with her recently, she said she was holding her own and was starting her fourth week of radiation treatment. She plans to go to the IAT clinic in the Bahamas for a few months in July. Please keep her in your prayers.

Letter from Radhe Shyam

Dear Samaj,

I want to thank you for an even better than usual issue of the American Samaj Newsletter. Which means I had to wipe my eyes several times while I read it. It is beautifully, effectively, powerfully focused and written; every article contributes to Baba's Work and our parts in it.

There are times - and reading this issue created one - that I long to quit this sphere "out here" and melt into ashram life. The articles about the ashrams - and your travels in India - brought it all up again. And made me realize - again - that I am doing what I want to do and need to do. I couldn't face myself if I dropped this work; I really think Baba has led me into it - opens doors and provides support in many many ways. It gets to be "old" and discouraging at times - there is never an end to it - as you wrote, Loknathji - but it is also hugely rewarding at times

and so basic to my relationship with Baba that I don't think I could live without doing it.

But I hope to be in a position to join you all in Crestone in August, for some part of that time together. That, too, is a necessity of life.

And thank you for doing the article on Sitarami and me so beautifully. It is a wonderful boost as I am struggling to get more onto The Justice Lobby website and to prepare a mailing to current members - and to organizations I hope will cooperate with us. I'm not sure that the photo is awfully appropriate for the subject matter, but it IS a good picture! Taken at Sitarami's sister's wedding a couple years ago.

Thanks again and
lots of love and good wishes to you all.
Radhe Shyam

A Workshop on the Sacred Fire Ceremony (Havan)

with J.D. Marston (aka Ram Dass) and Lok Nath

This long-awaited workshop sponsored by the American Haidakhan Samaj will take place the week of August 4-10 at the Haidakhandi Universal Ashram in Crestone, Colorado. It will begin at 5pm on Sunday, August 4 for an orientation meeting and run concurrently with the Children's Week activities. (See article above.) The week will provide each person with an opportunity to explore and experience the profundity of living with the sacred fire. Two of Babaji's personally trained yogis, Ram Dass and Lok Nath, who served and lived in the Dhuni in Haidakhan for several years will be conducting the workshop.

During the week, instructions will be given on how to conduct a personal fire ceremony at your home. Direction will also be given for assisting in large

havan preparations at an ashram or center. There will also be a slide show on the origin, significance, and practice of the havan ceremony in India. Assuming that the fire ban has been lifted, each morning participants may attend a small fire ceremony before aarati. On Thursday, August 8th there will be a large havan for the new-moon observance as well as a large havan on Sunday, August 11 for the completion of the Annual Samaj Meeting weekend. This will give all attending, a hands-on experience of what they are learning.

If you have wanted to incorporate a small sacred fire ceremony into your personal spiritual practice, this would be an excellent opportunity to do so. The workshop will also give you a fuller understanding of the ceremony and its significance.

**A suggested offering to the Samaj would be \$54, \$81 for non-Samaj members.
Please call the Ashram at 719-256-4108 to make reservations**

News from the Haidakhandi Universal Ashram by Ramloti

Spring at the Ashram was beautiful and full of visitors. Spring Navratri was so special with many new and repeat attendees. The fullness of the nine days honoring the Divine Mother seems to expand with every Navratri. There is always so much to be grateful for to Mother here at the Ashram. I was told by Shri Shastriji, back in 1996, that Mother would take good care of the Ashram. And so She has.

However, due to a shortage of snow this winter, we are in a severe drought. Even during Spring Navratri, we opted to perform all but the first two and last fire ceremonies in a smaller havan kund constructed in the courtyard of the temple to minimize the danger of a fire. We continued that until a statewide ban on all open fires was declared by the governor. We now hold our ceremonies without a fire. This is actually a very inner experience and very deep. We decorate the havan kund, do the lingam puja, and recite the mantras. At the word swaha, we make the offerings in our hearts asking that the fire of our devotion burn the offering and bring it to the Divine Energy that is being invoked with each mantra. We then offer the halvah and perform aarati, followed with chanting around the havan kund.



New, small havan kund

the larger juniper, pine, and cedar trees, as well as all weeds and grasses that are close to the buildings. These precautions should protect the buildings even if a fire came through the land, since there would be no small wood to start on fire and there are enough breaks and clear spaces on the land to stop the fire or cool it significantly.

We have also negotiated the purchase of additional acreage to add to the existing Ashram land. The survey has not been completed yet, but it should bring the total acreage of the Ashram to over 100 acres. The Board of Directors felt that this was a prudent move at this time since much of the surrounding land is becoming a National Park which will increase the amount of activity significantly. The purchase has been made to preserve the peace and tranquility of the Ashram. We are grateful to all that gave generously to this fund and to the Manitou Foundation (the owners of the land) for working with us.



Geza, Krishna, and Jonathan work at fire mitigation.

Due to the severe fire danger, we have also been focusing on a fire mitigation program on the land, particularly the areas around the buildings. This requires removing lower limbs on big trees and all dead and small pinion trees that are crowding out

What is not getting accomplished this summer is the construction of our new kirtan hall. Although the amount of donations has gone up appreciably since 9/11, the size of those donations has gone down significantly. We will continue to collect donations through the year and hope to begin construction in Spring of 2003. We currently have \$95,000 in a CD for the kirtan hall construction.

We have just finished the busiest ever 4th of July weekend with over 250 guests coming to the

Ashram. The word about this beautiful haven with a life-size murti of the Divine Mother continues to spread throughout the country and so the amount of visitors increases significantly each year.

Our summer rain also began to fall on the 4th weekend. The summer pattern is often warm sunny days until about 4pm when we get a few hours of rain which often clears up for a lovely sunset. We are so grateful for the gift of rain.

A wonderful surprise treat during the 4th weekend was a visit from our dear friends, Deviji and Lakshmiiji from New Delhi, India.

They were in the United States visiting family and were able to take some time to visit the Ashram. Deviji and Lakshmiiji have been devotees of Babaji since the early 70's and have hosted us time and time again in their beautiful home in New Delhi. Last year's Paduka Puja 3-day event in their home was magnificent. Deviji had not visited the Ashram since she was here with Muniraj in 1997 and this was



Lakshmiiji's first visit. They were very pleased with the progress of the Ashram. They traveled here with Deviji's cousin, Karin and her brother Rajiv and her brother's wife Veronica.

The main summer programs at the Ashram are Guru Purnima Day on July 24, to be celebrated with a Paduka Puja, Fire Ceremony, and an Indian bhandara. The week of August 4 through August 9 will be very busy with both Children's Week and the Samaj sponsored Havan workshop. On the weekend of August 10 and 11 we will host the Annual Samaj Meeting at the Ashram. There is more

information on these programs on page 4 and 5 of this newsletter.

The Maha Lakshmi Shop is doing great and seems to be on its way to another record-breaking year. In late April we received 35 huge crates of murtis, harmoniums, drums, books, bracelets, puja items, and malas. We also have several other new items in the shop. You can find the entire catalogue on our web site, www.BabajiAshram.org or you can e-mail the Ashram (hua@amigo.net) or call us toll-free (866-686-4185) to receive a catalogue, our free newsletter, or more information about the Ashram and visiting.



Karin, Lakshmiiji, Ramloti, Deviji, Annee, Veronica, and Rajiv at the Ashram

News from the Universal Peace Temple

Om Namah Shivaya June 2002

Dear Friends:

Bhole Baba Ki Jai!

Our world is changing, just as Babaji had always told us it would. There is no way to cling to old patterns, old ideas and old paradigms without incurring a lot of pain on ourselves. This is the beginning of the New World and the very reason so many of us chose to be alive at this time. When we can embrace this change in the context of LOVE rather than FEAR, we can move forward in full confidence that Babaji is with us, guiding our every move, helping us to help others through His teachings.



Here at the Center we are restructuring the management of the ashram in order to more fully align ourselves with the Teachings of Babaji: truth, simplicity, love, and service. The ashram is a place to immerse ourselves in these teachings, and that is the only reason for its existence. We are inviting new staff members to join us in this endeavor.

On July 8, 2002, it is exactly 20 years since Babaji gave the instruction for what to do with this piece of property in Nebraska: "Make it a place where people come to learn and live in Truth, Simplicity, and Love. Learn the Temple practices and teach those to others... Once this one is going, go and make Centers all over."

These are Babaji's own words, as translated by Om Shanti's son, Major Joshi, to us in the Vrindaban Temple, during the Guru Purnima Celebration. Then Babaji got up and gave us the padukas (sacred wooden sandals) that had been used as representatives of Babaji's feet in the Temple in Vrindaban. He did a little 'ceremony' of handing these sandals over to us in front of the hundreds who were gathered inside the Temple, just before lunch that day. He told us to take these padukas back to our Center and use these in our Temple. He pointed out the symbols that were on those padukas, written in chandan, and He told us to put those on there with each puja. We have a copy

of those symbols, which we made immediately, because the chandan was coming off as we wrapped them up to carry them home with all of the other Temple supplies Babaji told us to buy. Within a few minutes after this, we were whisked away back to New Delhi by taxi with Radhe Shyam and Sita Rami, and we flew home a few days later.

During these 20 years, it has been quite a challenge to know what all of that means, and it unfolds as we unfold our own Divine Nature. Babaji plants the seed and it is up to us to give the water and nourishment to make it grow into something of service to humanity, as it is placed within our hearts. He constantly gives us a choice to continue with this plan or to do something else, according to our deepest heart's desire. It did not seem the least bit possible that once this Center is 'going' I would be going all over and making Centers all over-especially since our son joined us in 1996. Yet now that the internet is here, that is exactly what is happening. There are small home temples being put together all over the planet through the training given on the internet. Pujari Training has people participating through www.Babaji.net from more than 20 countries around the world. They are learning how to create a sacred space within the home and how to make their home into an ashram. This is a sanctuary for all of the family members to benefit from each and every day. Babaji's Blessings go out to these

people who are striving to live the Teachings and serve the people around them. Spiritual Community is formed without having to leave family and work.

At this time, we are immersed in the tasks of summer; the gardens, yard work, and maintenance on the buildings is constant. Nate has tee ball games once or twice a week. We have more visitors in the summer. Our Jai Vishwa Shop is filled with many beautiful things from India and Italy. The new printed catalog is in the works and the internet catalog is upgraded since one of our web masters came for 12 days to work on that. You can see Dinah's magnificent work at www.babaji.net, then click on JAI VISHWA. If you'd like a printed catalog just let us know.

In recent weeks, both of my parents have been having health challenges, so we are spending more time with them and helping out with whatever we can. It is a blessing to be near family yet be able to serve the greater worldwide Babaji community through the internet work. I am grateful for the opportunity to share what Babaji, Muniraji and Shastriji have taught me during these 20 years of devoting my life to Haidakhandi Principles, living in Babaji's Ashram.



Our daily prayers and ceremonies are offered for all devotees of God. If you have special prayer requests, please let us know what they are so we can include them. If you wish to participate more fully in our activities and the daily peaceful, quiet life immersed in Babaji's Teachings, we can discuss details. We don't take 'walk-in' visitors, so please call ahead and make an appointment when you want to visit. The simple farm life among agricultural folks is a blessing in many deeply satisfying ways. Our gratitude to Babaji for the many blessings in our lives.

Yasoda will be joining us for the Guru Purnima Festivities. Give us a call if you'd like to attend.

Om Namah Shivaya
Love and Light,
Marge

Nate and Angelo send their love.
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402-642-9238
email: jaivishwa@nntc.net
website: www.babaji.net

Truth, Simplicity, Love,
Service and Living on the Higher Path



Satsang with Vishnu Datt Shastri

About Vishnu Datt Shastriji

Shri Shastriji said of himself that he “followed Babaji like a shadow” accompanying Babaji on His many journeys through India in his function as chief priest, celebrating the ancient Vedic ritual of Yajna, fire offering, in hundreds of places.

Shri Shastriji is a prolific writer, Sanskrit scholar of repute, and was one of Mahendra Baba’s closest disciples, who already two decades earlier had prophesied Babaji’s incarnation as the Lord of Lords and world-teacher. During his discipleship with Mahendra Baba, Shastriji had received a profound preparation to recognize and serve Babaji in his thirteen-year sojourn on earth. In fact, Shastriji had written most of his works in mantric verse on Haidakhan Baba many years before his physical appearance in 1970.

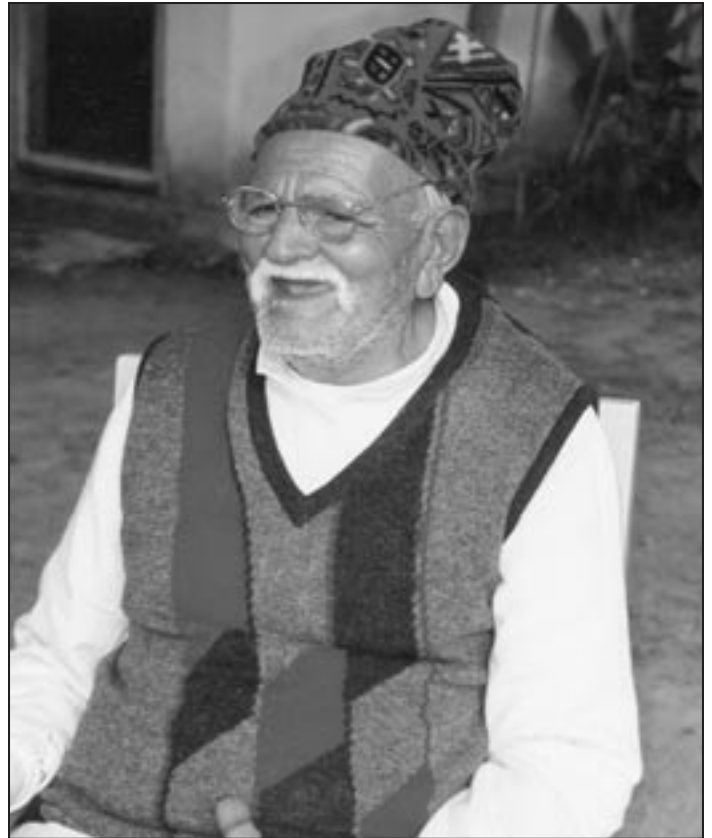
When asked, Shastriji emphasises that whatever he has written was “by grace of my master and by direct inspiration of the Lord Himself.....I am merely a writing instrument”. Whenever Babaji gave His short, informal talks at His ashram in Haidakhan, at the Himalayan foothills, Shastriji would be asked by Him to repeat His every word, before they were translated into English. Shastriji was, and still is, the mouth-piece of Him, whose coming he had helped prepare with his writings; and when Babaji had come, Shastriji was the one who put across through the spoken word to the many thousands who came, the timeless wisdom of the sanatana dharma.

Satsang with Vishnu Datt Shastri

“What is really meant by Truth, Simplicity and Love?”

“Before we do any action, let us weigh that action in our heart and think how that action is going to have impact on the other person with whom one is going to do that action.

For any action that we perform toward others, how would we relate to it if the other person was to perform the same action toward us? Is it going to give us happiness or unhappiness? We should always try to think in those terms first and then act.



Shri Shastri at his home, 95 years old

Truth always means Truth. When we combine water and milk, the milk doesn’t remain pure, it becomes diluted. In the same way, even if we add a little untruth to the great Truth, it doesn’t remain the Great Truth.

We have to use our discretion in separating the milk from the water. And, to do that, man has been given intellect. Using that intellect, one should take correct action. By acting on this truth, a man develops a nature which is very simple. Because by behaving in this manner, the ego is annihilated. When a man has Truth and Simplicity in his action and his way of life, Love automatically takes root in the heart.”

“What is the necessity of the guru - of the Master?”

For a child, a teacher is necessary to learn how to read and write. The same way, a spiritual teacher is necessary in one’s life to go on the spiritual path because the whole world is covered by a shadow of darkness. The thing that we call darkness is an element of Mahamaya - great illusion - it is an element of the Great Illusion. This shadow of darkness is an element of Tamas, the great illusion.



To dispel darkness, we use light. To dispel spiritual darkness we need Divine Light to illuminate that darkness. It is a matter of great importance to find that Divine Light. The center of that Divine Light is the Sadguru, the Divine Master.

There are four types of guru: one is the guru (teacher), sadguru (the great guru), then param guru (higher than the sadguru) and then in the last stage comes the padmeshti guru, the greatest guru. The great sages and seers have accepted the Divine Mother as the ultimate guru.

The Divine Mother, with her bountiful compassion for all creation asks Lord Shiva, the greatest of the great gurus, to take a human form and show the true path to Her wandering children. After listening to the prayers of the Divine Mother, Lord Shiva comes out of His eternal meditation and manifests a form as the greatest guru.

Man is usually not powerful enough to find this guru. But when a man has a true desire to seek the truth, then this Lord Shiva - in the form of an adept, acting as the true master - goes to that person and reveals His Being as the Guru, throwing light on the seeker's life. Lord Krishna has told Arjuna in the

Bhagavad Gita that a man may have acquired lots of knowledge, but in one lifetime, he cannot attain liberation. That soul has to keep taking birth after birth and keep trying to find liberation.

While seeking for this spot of liberation, a soul can leave the body and take another life and not find liberation in that life. While taking a new life, the soul can also forget the path of seeking true knowledge and go on a different path. When the seeker is on a different path and has forgotten about his past Karmas, the role of the guru is to get him linked with the discipline that the seeker had left unfinished.

That is why a guru should be so powerful and so knowledgeable that in one look He can see your past in seven lifetimes. The guru will immediately know that the soul in its past lifetimes has been a seeker or devotee of Lord Shiva, Vishnu, or the Divine Mother. With that knowledge, from that moment onwards, the guru joins the soul with that Being the seeker was worshipping. The role of the Master is to show the path. The seeker is responsible for the actions that follow that path.

When we are sailing on the oceans of life in our small ships, it is the role of the guru to protect those ships from sinking. Without the Grace of the guru, one can't find knowledge and one can't find the Divine.

This is why every man and every woman should pray to find the true guru. Pray from the heart, 'Please give me a true guru that can show me the path of my life.' When you find such a guru, if you totally surrender your whole being at the lotus feet of that master, then everything is taken care of by the Grace of that Master.

When a person becomes ill and goes to a specialist, the doctor takes over the complete treatment of that person. The person is at the mercy of the doctor and the doctor takes all the necessary actions to rid the person of that disease. In the same way, if a person wants to get rid of the disease of the world, he has to surrender totally to the guru and the guru takes total responsibility for that person. There is much responsibility for that disciple."



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Membership in the American Haidakhan Samaj - \$ _____

Basic Annual Member:	\$36	Single	\$54	Couple
Supporting Annual Member:	\$108	Single	\$180	Couple
Life Member:	\$504	Single	\$1008	Couple

Donation to the American Haidakhan Samaj - \$ _____

Donation to the Shri Baba Haidakhan Charitable & Research Hospital - \$ _____

Donation to HUA (CO) - \$ _____ **Donation to UPT (NE) - \$ _____**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

The American Haidakhan Samaj is a 501(c)3 non-profit organization and contributions are tax-deductible. Thank you for your support!